

ABSTRACT OF THE DISCLOSURE

A chronotherapy tablet is provided for oral administration and the amelioration of at least one chronobiological condition within 24 hours comprising a substantially oblong core having a longitudinal axis, a first end and a second end, the core being comprised of at least two superposed layers of different compositions wherein an interface between each layer is substantially perpendicular to the longitudinal axis of the core and wherein at least one of the layers is a pharmacological composition; a coating which envelops the core, except for at least one exposed release face of the core at at least one end of the core. Methods are provided for the prevention and/or treatment of asthma, arthritis (including, but not limited to, osteoarthritis and rheumatoid arthritis), gastrointestinal disorders, cardiovascular disease (including, but not limited to, hypertension, angina, myocardial infarction, and stroke), and cancer.

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